# **BK Suraj bhai Biography**

Brahma Kumar (BK) Suraj bhai is a popular name among school and college going children and even elders. Brother Suraj appeared on a television series 'Samadhan'. As the name itself suggests, Samadhan series was based on spiritual insights and solutions given to problems faced in daily life. Every aspect of life was covered in those 400+ recorded episodes (which are also available on YouTube)



Suraj bhai was born in the Uttar Pradesh (UP) state of India on **2nd May**, **1950**. He was a bright student and had a deep interest in religion and ancient spirituality and used to read Swami Vivekanand books to find his answers. He was only **14** years old when he first came in contact of *Prajapita Brahma Kumaris* (**Yagya**) in 1964 through a **magazine** (*Gyaan Amrit*) published on the nectar of God's murli which answered all the remaining questions that were in his mind. This awakened his curiosity as a child and he became curious to know more. He visited madhuban (Mt. Abu) in late 1966. Later after his college studies, he surrendered in the Yagya in late 1968 with his loukik father.

Since the very early stage of surrendered life, since 1970, Suraj bhai is serving in Baba's kitchen. In early days there were no scientific instruments to make food as

now we have. So, he and other brothers would work for long to prepare food for visitors. Nowadays it is just within 2 hours the food for around 20 thousand people is prepared using solar cookers and other instruments.

"There were lesser services to do in those days so more time to churn the knowledge (murli), Self-checking and Tapasya," said Suraj bhai.

From 1980s, he is contributing well in **Gyan Amrit** and **Purity** magazines. He has travelled around the world and attended many centre openings, lectures and discussion seminars on spirituality. With an intention to minimize wasteful and negative thoughts in people, Suraj bhai gave many lectures on **Swamaan\_practice**. He has written many articles in magazines on how to imbibe and adopt this Godly knowledge into practice family life. Giving lectures at colleges, he has helped many students to achieve good grades and success in life through swaman practice, spirituality and a positive state of mind.

### **Services**

Many recognized him after the Samadhan TV series which is now telecasted daily on 'Peace of Mind TV'. As Samadhan episodes reached about 500, Suraj bhai started another series named 'Aaj Ka Purusharth' and 'Ruhani Udaan' and 'Jeevan Mulya' intended mainly for the godly students of BKGSU (BKs). Later, many episodes were published for general listeners. These 5 minutes audios of "Daily Purusharth" became a guide for spiritual upliftment for many BK brothers and sisters. These all services spread successfully. Then in 2017-18, new service through his YouTube channel was started where Suraj bhai discuss the main points from today's Gyan Murli. Series was named 'Murli Chintan'.

## **Contact BK Suraj**

Since the start of Samadhan episodes on TV, there is an increase in people trying to contact him for a solution to their personal or family problem (mostly). We always encourage you to watch **samadhan episodes** which are on YouTube. There are 500+ episodes which covers all topics of life, relationships and daily challenges. This is the best way. You can subscribe to his YouTube channel for daily inspirations.

Still, if anyone wishes to contact Suraj Bhai for any other reason, there are two ways

### 1. Write a letter (recommended) and post at:

BK Surya Bhai Gyan Sarovar complex (road), Mount Abu Rajasthan – 307501 India OR

Phone: (+91) 9414373820, (+91) 8058486312

#### 2. Contact form

Use our official SBS auto-guidance **contact form** and mention on the 'subject' that you want a response from Suraj bhai.

Main Website: www.shivbabas.org BK Google: www.bkgoogle.org

