

Surrender

by
AiR



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Preface

Do we, human beings, actually surrender, or do we keep demanding from God? Most of us live a life of demand rather than a life of surrender. Instead of letting God do what He thinks is best for us, we keep on asking God for this and that, not realizing that He knows what is the best for us. So, instead of seeking from Him, we should surrender to Him.

What is surrender? Surrender is joyously accepting God's Divine will, letting it unfold, with the realization that it is the best for us. One who lives

in surrender lives with Faith, Hope and complete Trust. All the fears and insecurities are eliminated from the life of the one who lives in surrender. Therefore, those who live a life of peace and bliss live a life of surrender, knowing that God is in charge!

Surrender

What is Surrender?

To surrender means “to let go”.

Let go so that God can take charge.

Let go for God to take over your life.

Trust God, believe in God, have faith in God and surrender to God!

Surrender is the ability to joyously accept God’s divine will, without fighting against it. It means to not have expectations and demands to God to fulfill any expectation.

It is humbly telling God – “You know

the best. I am at Thy divine mercy, willing to accept Thy divine will. Do what Thou would like. Thou knowest everything. Thou art everything. I am nothing. I am just a flute. You play the music through me. Use me as Thy instrument to do Thy will". This is the attitude one needs to have when one completely surrenders to God.

When we completely surrender ourselves to God as His instrument, requesting Him to use us to do His will, we live a life of surrender.

However, most of us do not live a life of surrender. We are not willing to accept the divine will of the Lord. Therefore,

we are miserable; we are unhappy. All the time, we are questioning what happens. We do not want to joyously accept the divine will of God. We do not want to surrender to the producer and director of the drama of this world.

But the one who surrenders knows that God is in command; God has produced whatever is happening today, what happened yesterday and what would happen tomorrow; and God lives in every yesterday like He lives in every tomorrow. And if one surrenders to God, that is, if one "lets go" with total trust in God, then only the right things will happen.

What happens when we choose to not surrender? We resist, and hence, we are worried, fearful and angry. All these negative emotions create poison inside us. But surrendering gives us peace and tranquility. It is the ability to believe and to let go!

After all, the One who has created the universe knows what is best for us. We are not capable of choosing what should happen in our life because we do not have foresight. We are not able to see far enough to know what is going to happen in the future. But He knows. The One who has created all the yesterdays and tomorrows – He knows! And there cannot be a better

way to live than to surrender – to let go and to trust God.

The Oak and Willow Trees

In a forest, strong winds used to blow. The winds blew against the oak trees. They blew and blew, and the oak trees would stand firm, refusing to budge. It was a war between the winds and the trees. Eventually, the winds would win. The trees end up being broken by the force of the winds.

But the scene was different at the other side of the forest that had the willow trees. These trees were more in a mode of surrender. When the winds blew, the willow trees just bent and

the breeze passed over. And they came up again, continuing to live a peaceful life.

These willow trees show us that we should not resist like the oak; instead, we must bend like the willow. We must surrender like the willow trees to God's wind. And all will be well if we surrender like the willow trees! Therefore, one should have faith and trust in God and completely surrender to Him without an iota of doubt.

Draupadi's Surrender

When the Kauravas tried to disrobe Draupadi, first, she asked help from her husbands and then from King

Dhritarashtra and great personalities like Bhishma and Drona; but all failed. Finally, she was so helpless that she tried to save herself by holding her saree with one hand and called Krishna for saving her. However, initially, Krishna did not come. But when she completely surrendered, letting go of the saree from her hand, and folded her hands crying out to Krishna, she got saved.

Such is the grace one receives by completely surrendering to God!

While it is natural to most of us to surrender to God during crises, a true devotee surrenders to God out of love

and utmost dedication. Such a person lets God take charge and command of their life. He happily accepts God's will and take everything that life throws as "Prasad" from God. He is humbled and surrenders his ego saying, "I am nothing; You are everything. I surrender!" Not only he accepts the divine will in his life but also surrenders his actions to God.

A true devotee acts with detachment to the fruits of his actions, and whatever fruits his actions yield, he dedicates those fruits to God. Since there is no longing for the fruits of actions, it is through selfless actions that one can surrender to God. Such

people are never sad with what life offers to them. One just joyously accepts in total surrender!

“Whose meditation is real and effective? Who can really surrender to the will of God? Only the person whose mind has been purified by selfless work.”

– Swami Vivekananda

True surrender happens only when one has complete trust and faith and when one's heart is full of love for the Divine.

For a realized soul – one who has realized the self – surrendering to God is to merge with the Divine by realizing that there is no duality. Such a Yogi

rejoices each and every moment by being one with the Supreme Power through total acceptance of the presence of that Power within him and everywhere around him. He surrenders and worships the Power in every being, whether animate or inanimate, thereby living in bliss.

Thus, the act of surrendering can be a rescuer and a sense of security for a believer, a way of life – deep love and faith for a devotee, and bliss for a realized soul.

Surrender is of great importance to one who is in the path spirituality.

He has to live with FAITH – Full

Assurance In The Heart.

He has to live with HOPE – Have Only Positive Expectations. He has to live with TRUST – Total Reliance, Unconditional Surrender to the Almighty.

By surrendering, one gets access to higher spiritual knowledge, which can lead one to the pinnacle!

Like a little boat that lets itself sail on the ocean – surrendering to the waves without the fear of sinking and believing that the waves and the winds will take it to the other side – let us learn to surrender, knowing that God will take us ashore!

About AiR

While the dictionary may define air as an invisible gaseous substance surrounding the Earth, AiR – the author of this booklet – is spiritual seeker who has set out to find the truth about life. The name AiR came about because AiR transformed from Ravi V. Melwani to RVM and then metamorphosed into “Atman in RVM”. The acronym of Atman in RVM is AiR, and thus he is called AiR.

Born as Ravi V. Melwani, he was a very successful businessman who revolutionized retailing in India with the stores – Kids Kemp, Big Kids Kemp and Kemp Fort. After making millions, he

realized that life is not just about making money. He shut down his business, transformed his life to RVM and started making a difference with H.I.S work – Humanitarian, Inspirational and Spiritual work.

His objective was to “Make a Difference” in this world before his journey was over. He was the happiest man on Earth living the RVM Philosophy of “To Rejoice, Value Life and Make a Difference”.

However, one day, several questions and thoughts flashed in his mind: What is the purpose of life? Is life just meant to seek happiness and to live and die without any purpose? What happens after

death? Will we be reborn? Where is God? Where is Heaven? Are we the Soul? What is Enlightenment? Several questions like these took him on a Talaash, or a search for the truth.

After a few years of intense search in silence, deep in the mountains, he realized that we are not this body, but we are the Atman, the Soul. Thus he changed his name for the second time from RVM to AiR – the Atman in RVM (the Soul in RVM) – as realization dawned upon him that we are not this physical body, but we are the Atman. He metamorphosed to AiR and gave up his entire life of RVM. He started the study of Atman, God and life. This led to several

realizations that formed the mission of life – to realize God and to help Seekers realize God.

As RVM, AiR had built a Shiva Temple in the year 1995, which attracts millions of visitors all around the year. As AiR, he now believes that Lord Shiva lives in the temple of our heart. The temple in Bangalore is now called Shivoham Shiva Temple. Being a devote believer in Lord Shiva for long, he now believes that religion is just a kindergarten of spirituality, and we all have to go beyond religion to truly realize God.

AiR BOOKLETS

AiR booklets are small, easy-to-read booklets for Seekers who want to realize the truth about God, life and themselves.

Who are we? Where did we come from? What is the purpose of life? Where is God? Where is Heaven? Is Rebirth real? Does the Law of Karma exist? What about the Soul? What is Enlightenment?

These AiR booklets attempt to clear such doubts and answer questions about God and life that many people have in their mind and also help

Seekers to move forward on the path
of self-realization.

What does it take for us to surrender? It is to completely handover our Life, our Soul, to the Captain of our ship – our God. In total surrender, we let God lead us forward in the dark waters, thereby living life with Faith, Hope and Trust, knowing that God is in charge.

**For more information on AiR booklets
and AiR, please visit www.air.ind.in
or  9739522222.**