





Poet: unknown

A Poem on Silence

Settling into silence
Sometimes easy, often not
Consequent upon the myriad of matters
Filling the space of my mind.

Wild, unruly child of mine

Unwittingly allowed a freedom

which pleases neither of us

Will order and harmony ever return?

Awakening to my responsibility

Detached from guilt and blame

Faith that anything can be reformed

Forgiveness for what has gone before.

A deepening desire for stillness

Distaste for empty chatter

Draw to myself the wisdom and means

To restore a meaningful relationship.

I promise not to curtail your spontaneity Love is the foundation for this endeavour Certainty that both of us will benefit.

